



Getting Started

Getting started with Therapy in Praxis

The way in which a child's development (from a functional perspective) is affected, may involve difficulties with either one or more of the following:

- **limited gross motor skills development**
i.e. difficulties in posture, balance, stamina, body awareness and the motor planning of gross motor activities
- **difficulties when manipulating small objects and coordinating both hands effectively**
e.g., when fastening buttons, using a knife and fork, controlling scissors, etc.
- **delays in speech and language, (both receptively and expressively)**
- **delays in academic achievement, (perceptually in maths, writing and reading, both from a physical and a cognitive processing component)**

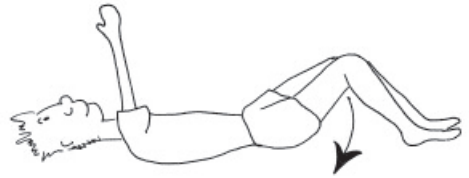
Whilst the aforementioned difficulties highlight the effects on physical performance and independence, there are a number of other characteristics that a child may present with which marginalise the child's potential.



IS AN ASSESSMENT INDICATED?

Children who could benefit from our services display some or all of the following:

- Over or under-reactions to stimuli, such as touch, movement, sights, sounds and other sensations
- Erratic arousal levels and alertness
- Poor concentration and attention to tasks
- Slow or difficult language processing
- Difficulty with transitions
- Inconsistent ability to follow directions
- Poor play and social skills
- Awkwardness or frustration in motor activities
- Poor balance and coordination
- Difficulty expressing themselves
- Decreased self-esteem
- Difficulty with fine motor skills and school performance
- Poor handwriting
- Difficulty with reading or spelling



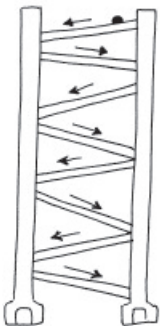
Therapy in Praxis has compiled age-related checklists which can help determine if assessment and / or therapy is right for your child.

Sensory Processing/Developmental History Checklist (For Infants and Toddlers, 0 - 3 years)

Sensory Processing/Developmental History Checklist (For preschool/nursery, 3 - 6 years)

Sensory Processing/Developmental History Checklist (For school age 6 years and up)

Preliminary information gathering is helpful and we always try to ensure we have sufficient information that would indicate that an assessment was appropriate.



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